

Intentional Prayer

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Why Pray?
We're Under Attack!



Why “Like” a Roaring Lion?

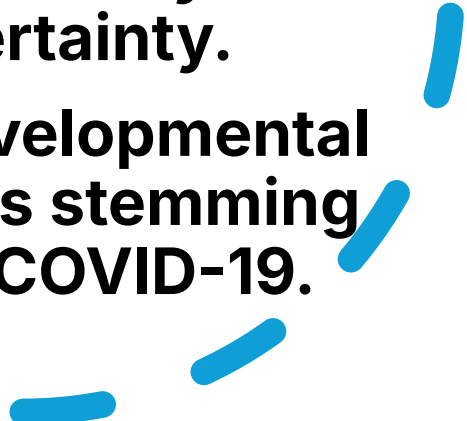
- Proverbs 19:12 says, “The king’s wrath is like the roaring of a lion”.
- The devil is an imposter who goes about as a roaring lion because he is imitating the King of kings, our Lord Jesus, the real lion of Judah. He wants people to think that our King is full of wrath, anger, and rage against us. He comes at us roaring with the voice of condemnation, accusation, and shame.

Devotional—The Roaring Lion
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How Is He Attacking? He Starts with the Very Young

- According to the Centers for Disease Control and Prevention, roughly 21% of children aged 3 to 17 have been diagnosed with a mental, behavioral, or developmental condition, including 11% with anxiety and 8% with behavioral disorders.
- Research highlighted by the American Psychological Association indicates that over 70% of kids aged 9 to 13 report school stress as a top concern, and studies suggest childhood anxiety and depression have multiplied significantly since the mid-20th century due to heavy academic demands.

Primary Causes

- **Academic and Achievement Pressures:** Over-scheduled routines, early focus on grades, competitive testing, and elite performance expectations.
 - **Loss of Unstructured Play:** Reduced time for free play, outdoor exploration, and child-led independence, which are vital for building emotional self-regulation.
 - **Digital Media and Screen Time:** Chronic exposure to screens, social comparison, sleep disruption, and 24-hour news cycles covering global or political uncertainty.
 - **Post-Pandemic Disruptions:** Developmental lags and social-emotional delays stemming from missed milestones during COVID-19.
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Methods:

Desensitization, Peer Pressure, and Isolation

Lifestyles Food, drugs,
alcohol, sex, porn,
drugs, violence, LGBTQ

Social media and peer
pressure—video
gaming, lack of sleep,
demotivation

Worship—Music

Isolation – Power of the
Individual

New Spirituality—New
Age concepts—
Meditation and other
Eastern Religious
concepts like yoga and
reiki

Sickness – Diseases,
pestilences,

Mental Health—anxiety,
depression, OCD,
ADHD, Addictions

Wars, gun violence,
other violence like
stabblings, hangings

Weather—hurricanes,
tornadoes, fires, floods,
earthquakes

How Can the Christian Combat What the World is Doing to Our Children?

"Ask, and it will be given to you; seek, and you will find; knock, and it shall be opened unto you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened."

Matthew 7:7-8



Begin With Yourself —Set Time Aside for Personal Devotion and Prayer

**Surrender your will and
invite God's Holy Spirit to
abide in your heart**

**Ask for wisdom and
guidance**

**Ask that the Fruit of the
Spirit be manifested to
those around you**



Pray for Your Spouse

(if not a believer) pray that:

- **You can be a witness**
- **God will take away anything blocking him/her from surrendering to God (work, addictions, evil forces, family, traditions, pride)**



**If a believer, pray
that:**

- **God will deepen and strengthen your relationship with Him and one another**
- **You set aside time to pray with one another**

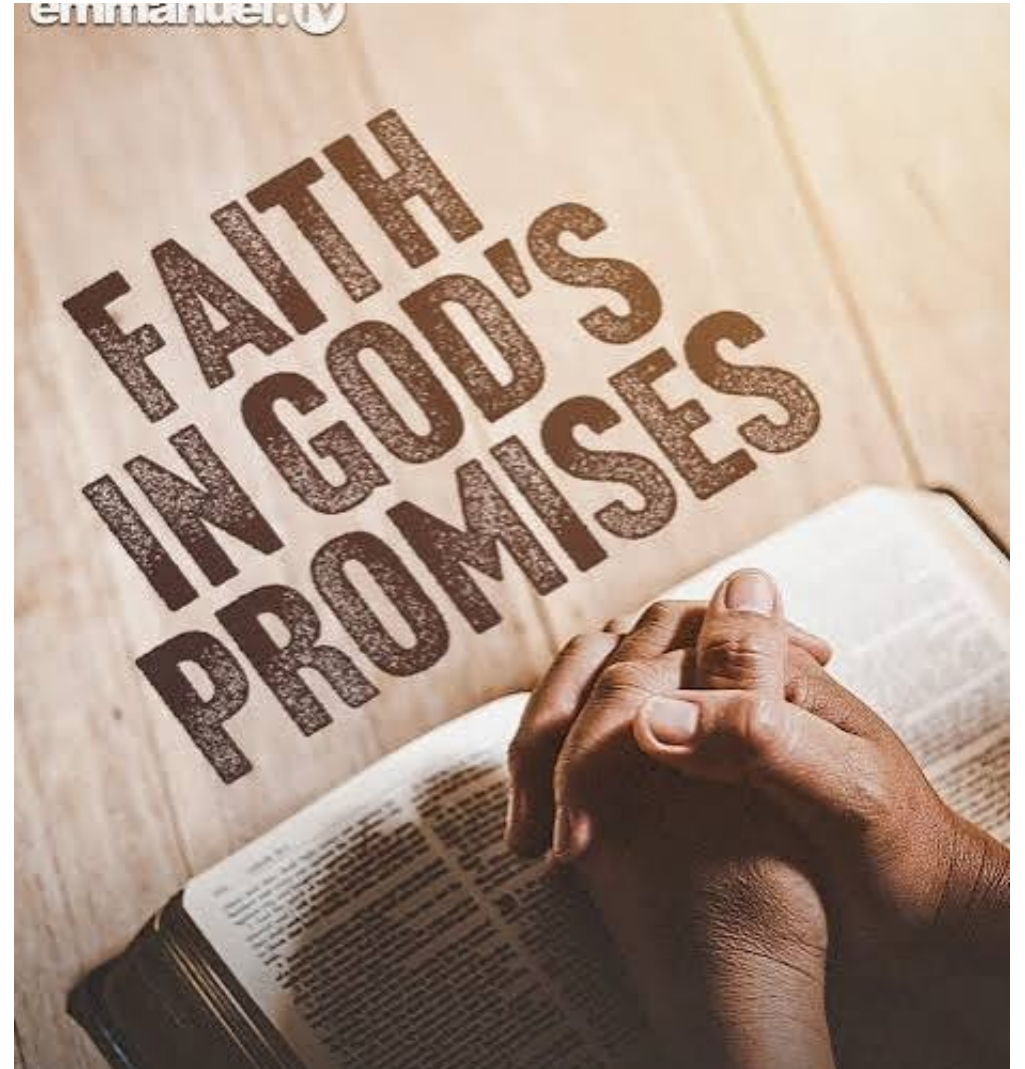


Claim God's Promises

- Spiritual growth
- Forgiveness
- Intimacy
- Protection
- Finances
- Healing
- Wisdom
- Guidance
- Family situations
- Parenting
- Children

God is eager and able to deliver and bless the world He has redeemed, if His people were but willing, if they were but ready, to cry to Him day and night.

Andrew Murray (1828–1917)





Pray for Your Children

God will put a love for Him in their hearts

Protection from all evil influences

Holy Spirit to guide and direct them

They will make wise decisions

God will fulfill His purpose for their lives

For their salvation

Pray with Your Family

- Morning and evening worship
- Model praise, gratitude, and dependence on God to children
- Train up a child



Anoint Your Children



Anointing and praying for your children regularly will prevent every evil force that might want to militate against them !!

If Anyone Is "Sick?"

- "The Lord will raise him up. If he has sinned, he will be forgiven" ([James 5:15](#))
 - "Sick" includes many areas that involve our whole being. It includes terminal diseases, but it can also be for crippling diseases, back problems, depression, and mental handicaps. God intends us to bring our problems to Him in the anointing rite.
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James 5:14



Is anyone among you sick? Then he must call for the elders of the church and they are to pray over him, anointing him with oil in the name of the Lord

Intentional Parenting

- **"There are many evil, spiritual, environmental and descent forces working against children that parents cannot control. But parents can use the spiritual to control the physical by always praying for and anointing these children regularly. It is our duty to help these children fulfill their destinies. May God save our children from the wickedness of this world in Jesus' name."**





Prayer of Intercession

- **LORD, I ask you to build a hedge of thorns around [insert name], to separate my loved one from any influence not ordained by you. I pray that those who are a bad influence will lose interest and flee and that my loved one would lose interest in them as well. May that hedge of thorns defend against any contact with those who are out of your will.**

Hedge of Thorns

I will fence her in with thornbushes. I will block the road to make her lose her way. When she runs after her lovers, she won't be able to catch up with them. She will search for them but not find them.

Hosea 2:6-7



Leave Them to God

This prayer can't change a person's will, but God can remove wrong influences and frustrate the prodigal's attempts to get to them. Then you can pray that in that frustration, the prodigal will turn to God.



5 Steps to Build An Intercessory Prayer Routine

1. Set a Specific Time and Place

- Dedicate a fixed time
- Find a quiet space

2. Organize an Intercession List

- Use a dedicated notebook or app



Time Alone with God

3. Structure Your Prayer Time

- **Begin with praise**
- **Pray Scripture** Ephesians 1:17–19
- **Listen in silence**



Assign Days to Themes

4. Use a Rotating Schedule

- **Monday:** Immediate family members.
- **Tuesday:** Friends and neighbors.
- **Wednesday:** Church leaders and local community.
- **Thursday:** Government leaders and nation.
- **Friday:** Global missions and unreached people.





Pray for Family and Friends



5. Track and Celebrate Answers

- **Leave space for notes:** Draw a column next to your requests to write down dates and descriptions of how prayers were answered.
- **Review regularly:** Revisit old lists to build your own faith and fuel your thankfulness during future prayer sessions.